

MonTECH

IMPROVING LIVES WITH TECHNOLOGY

Parkinson's Conference

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Your Presenters

MonTECH – AT Program

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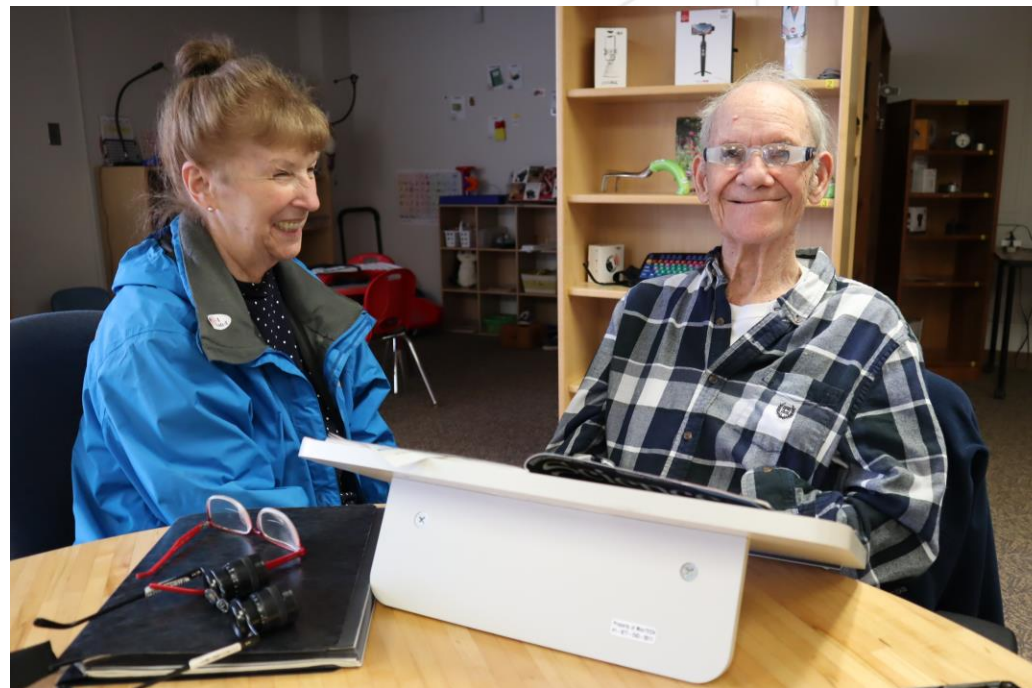
Occupational Therapist

Annie Cox, OT

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We are a lending library and training resource.

We do not sell anything
We serve any Montanan
We are federally funded

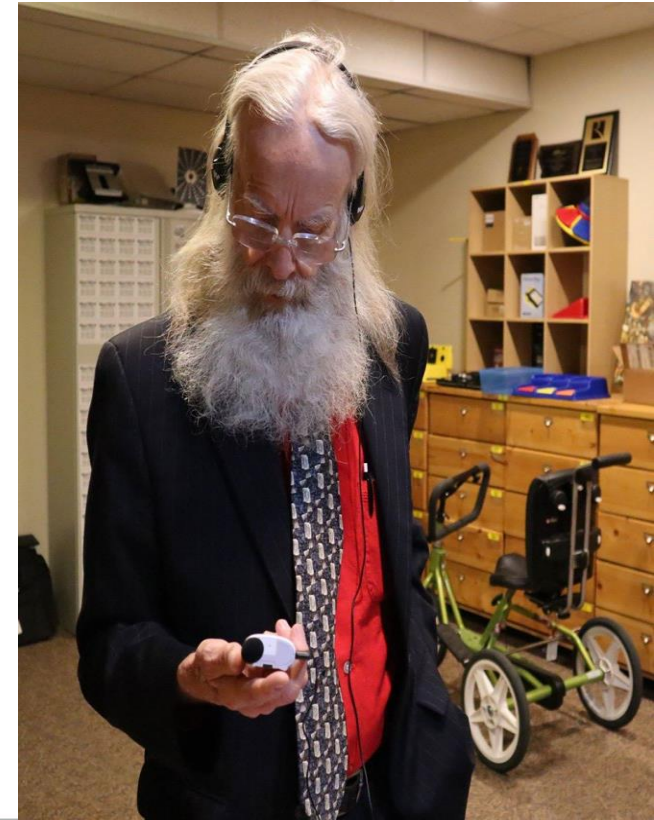


MonTECH Services

- Loans are generally 30 days (a few exceptions)
 - 1:1 training on devices is free
 - Free 1:1 consultation (exploration) in our offices
-



Not just for clients; MonTECH serves everyone in your family!



Getting to Know You

- What is your favorite part of your home?
- If you could change one thing about your house what would it be?
- What is one activity you wish you could do?



Today's Topics:

- Home Safety
- Staying Connected
- Computer Access
- Smart Home
- Vision and Hearing
- Daily Living
- Mobility

Home Safety



Things to Consider

- Is your home clear of clutter?
 - Cords
 - Dog/kid toys
 - Clothes
- Remove throw rugs
- Make sure the steps are clear and secure
- How to you get help?
 - Access to a phone
 - Emergency System
 - Call button



Suggestions

- Motion censored lights
- GPS medical alert
- Fall Detection
- Good Lighting
- Swing clear hinges



Kitchen Safety



- Making sure frequently used items are at good eye level
- Non-slip mats
- Knife safety
- Electric can openers

Bathroom Safety

- Bidet / wiping Aids
- Toilet riser
- Grab bars
- Non-slip strips on tub / shower floor
- Shower chair
- Transfer pole



Bedroom Safety

- Bed Rail
- Lighting
- Bed wedge
- Sleep hygiene



Daily Living

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Adjustable Bed Rail



Exercise Bike



Large Text Digital Clock



Water Faucet Grips



Mental and Physical Wellness

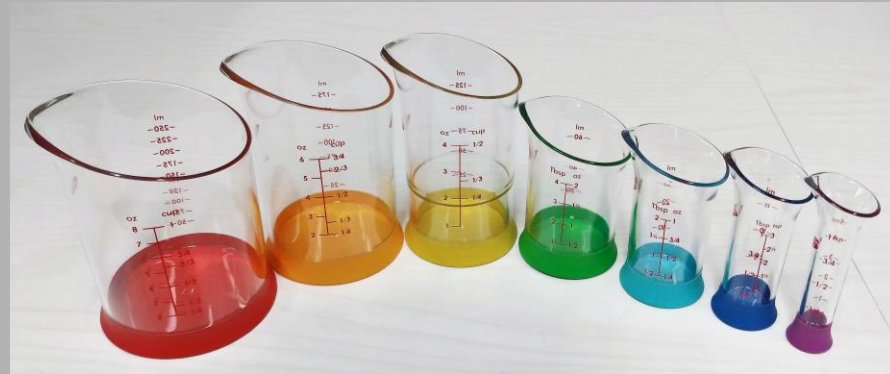
Memory Support & Reminders



Safety and Medication

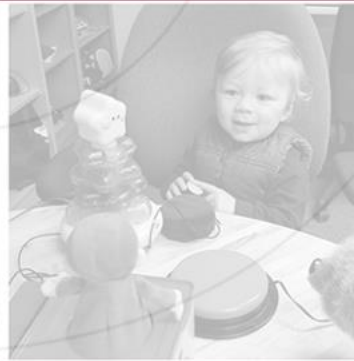
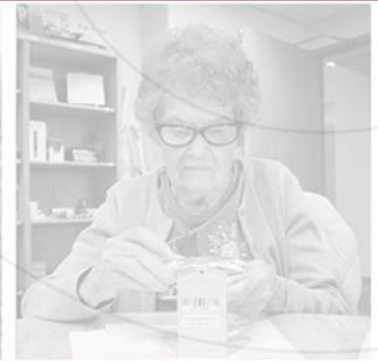


- Pill organizer
- Alarms / apps
- Automatic dispensers



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Car Transfers

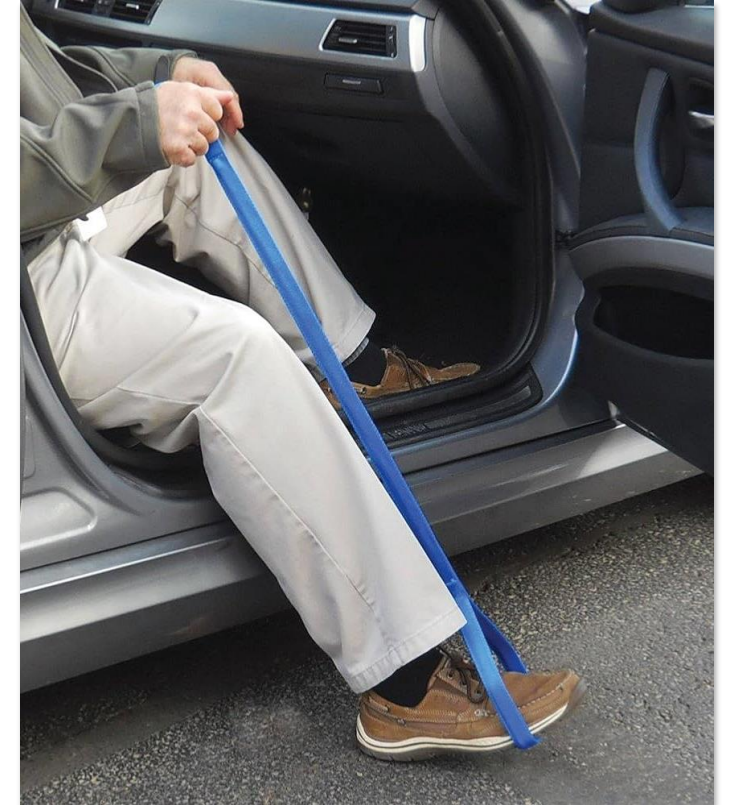
Car Transfer Slide
Sheet



Handybar



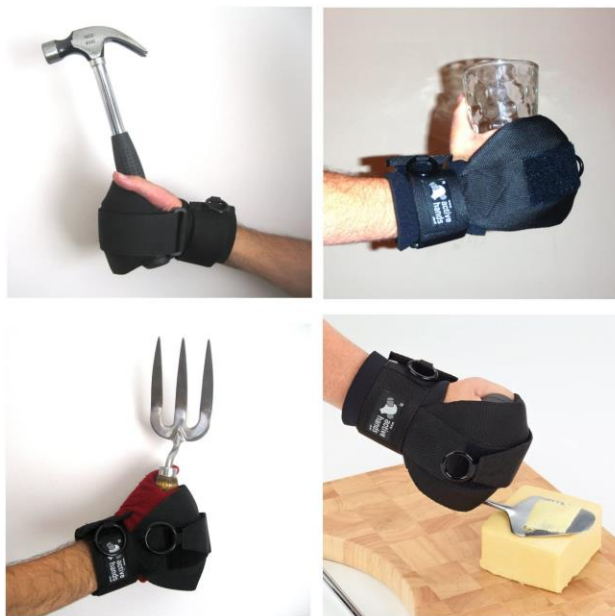
Leg Lifter



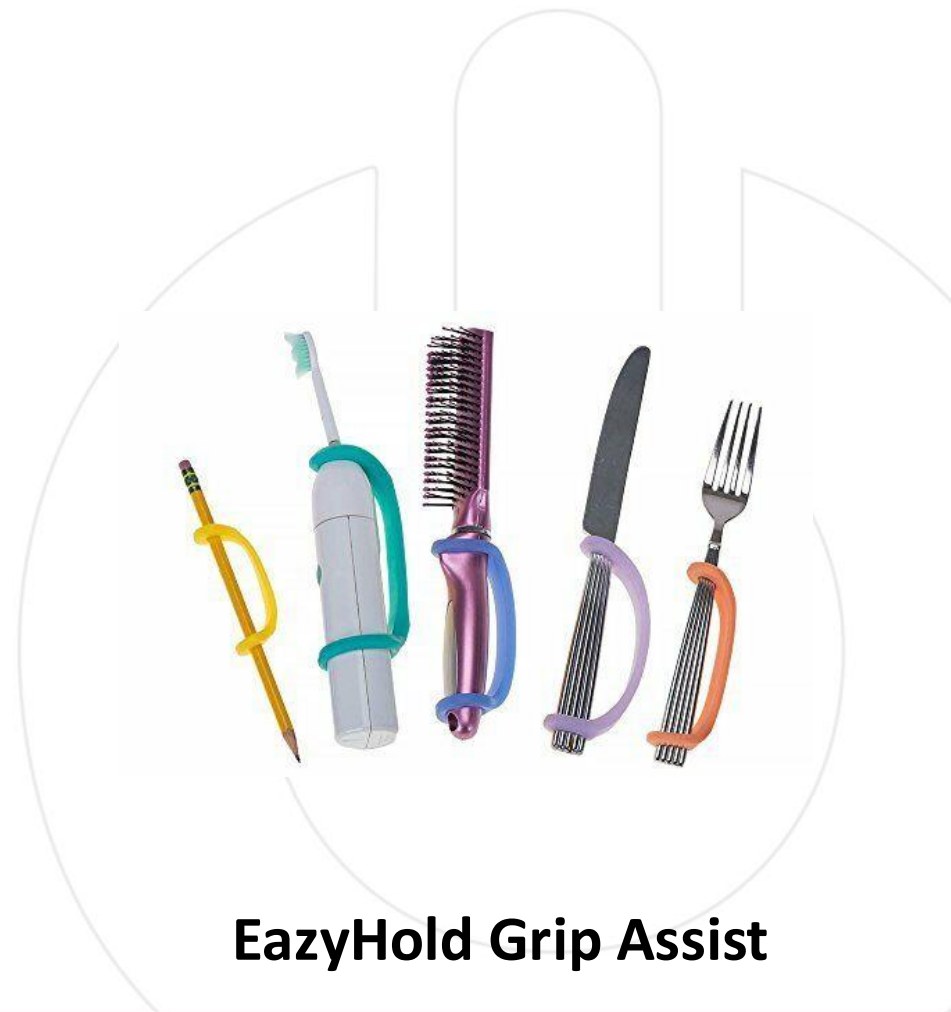
Grip Aids



Steady-Wear Glove



Universal Grasping Cuff



EazyHold Grip Assist

Shoe Horn



Dressing Aid



Reacher Tool



Button Hook



Dressing and Grooming

Bathroom AT



**SimpleSpa Bidet
Attachment**



Shower Chair



5-in-1 chair

Smart Home

Voice or phone controls



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**WiFi Lightbulb
Adapter**



**Smart
Thermostat**



**Google Nest Protect
Smoke alarm**



**WiFi Smart Plug-
In**

Smart Home

What is a smart home? Why should you want one?

Smart Home (noun)

A home equipped with lighting, heating, and electronic devices that can be controlled remotely by phone or computer.



- **Security**
- **Save energy**
- **Simplify life**
- **Entertainment**
- **Handling household tasks**

Smart Home Categories to Consider

- **Lighting**
- **Appliances**
- **Window Solutions**
- **Doors**
- **Home Sensors**
- **Remote Control/Voice Assistant**
- **Entertainment**
- **Utilities**
- **Surveillance**
- **Garage**
- **Heating & Cooling**
- **Plug-Ins**

Smart Stove Knobs



[Smart Knobs](#)

Amazon Echo Dot Speaker



Google Nest Hub



Smart Home Gadgets

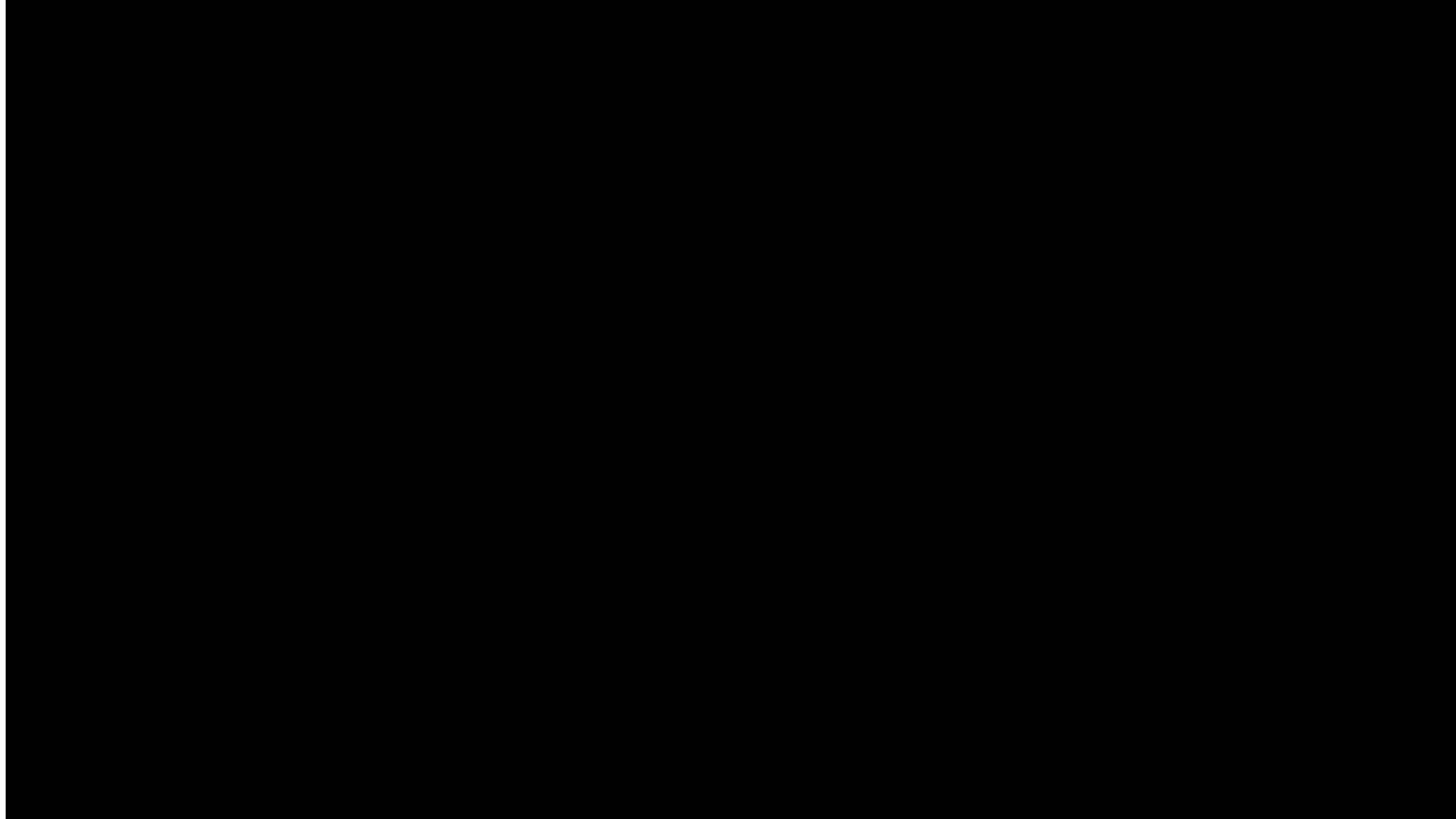
MonTECH has a variety of devices for you to try - smart plug-ins, lightbulb adapters, speakers, locks, sensors and more.

Computer Access

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Smyle Mouse



<https://youtu.be/B6VzneOkUTw?si=c8WQ3F6T4zER5Cq8>

Computer Access



Roller Ball Mouse



Keyguard



SuperKeys Assistive Keyboard

- **Simplified communication tool**
- **7 keys instead of 30+**
- **One-touch shortcuts**
- **Intelligent word prediction**
- **Clear target areas for those with physical challenges**



Vision and Hearing

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Vision Equipment





**PocketTalker
Sound Amplifier**

**WinBridge Voice
Amplifier**



**Central Alert
System**



Hearing and Voice Amplification

MonTECH also has great vision and hearing apps on our iPads – most popular loan items!

Staying Connected

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Companion Pets



Amplified Telephone



Playing Card Holder



Telepresence Robot

Social Isolation

Angel Watch



Wireless glucometer



Sleep Tracking Pad



Body Composition Scale



Telehealth

Mobility Equipment



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At Home

- The MoLift is a safe and easy way to move the user from a seated to standing position.
- Remote monitoring systems ensure peace of mind for users and carepartners, wherever you are.



On the Go

- Air Hawk is designed for travel – a foldable powerchair weighing about 41 pounds.
- Many wheelchairs, knee scooters, several portable ramps and the U-Step walker.



Wheels Across MT

- Trikes located in Missoula, Helena, Dillon, Fort Peck, and Billings (30-day loans).
- Our trikes include the above recumbent tandem and side-by-side tandems.
- As well as hand-propelled and self-propelled trikes.

Why Should Clients Try Devices They Can't Afford to Buy?

Explore what's available!

Trial a device to build a case for funding.

Meet a temporary need.

**To learn more about resources for assistive devices
and adaptive equipment.**



Questions? Comments?



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